

The Sefer Chasidim reveals to us a wonderful Segula through which we are assured our tefillos will be answered: During tefillah, when one suddenly feels the joy of love of Hashem in his heart, he should know this means Hashem wants to fulfill his desires, as the passuk (Shir Hashirim 7:7) says,

*“How fair you are, how beautiful! O Love, with all its rapture!”* And as it states (Yeshayah 58:14), *“Then you can seek the favor of Hashem. I will set you astride the heights of the earth, and let you enjoy the heritage of your father Yaakov – For the mouth of Hashem has spoken.”* And it says (Iyov 22:26-28) *“For then over Hashem you will rejoice and lift up your face to G-d. You will pray to Him, and He will listen to you and you will pay your vows. [You will decree and it will be fulfilled, and light will shine upon your affairs.]”* If one experiences this feeling during the bracha of Sho’mei’ah Tefillah or before Yi’hiyu L’ratzon at the end of Shemoneh Esrei, he should ask of Hashem as follows: *It should be Your will that this love will always be implanted in my heart and in the hearts of all my descendants, and one should ask solely for this.”*

Perhaps we can explain the secret behind this Segula based on the following words of the Shvet Mussar (chap.19):

*One should seclude himself in a designated place where no-one will see him and he should lift his eyes on high to the one King, the cause of all causes and the reason for all reasons, directly facing Him. As water reflects one’s face so does man’s heart reflect another’s (Mishlei 27:19), in the same manner when he focuses on Hashem, so too will Hashem turn towards him and they will be attached to each other. This I heard from my teacher, the holy and pious Rav Yosef Sagis, and he himself would do this. Similarly, I have found in the writings of Rabbeinu Yitzchak D’man Ako, that numerous pious people would do this in his day. And you can find this idea in the words of the Rambam, the Ramban, the Chovos HaLevavos and Rabbeinu Yonah z”l.*

Based upon the above we can understand why when we feel a sudden love for Hashem it is a sign that Hashem’s love for us has been aroused. For this reason, it is an auspicious time to request of Him that which we desire for it will surely be fulfilled.

*Established By:*



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