

# THE LEGACY SEMINAR: DISCOVER THE POWER OF YOUR HERITAGE

We get it. Life is busy and can turn into a daily grind of stress, work, and never-ending emails. Sometimes it is critical to stop, unplug, take a deep breath, and connect with our true selves. This Memorial Day weekend we are honored to host a three-day spiritual journey allowing you to disconnect from the world and reconnect with your soul. During these three days, you will recharge your spiritual batteries, engage in lively debates, be inspired, and discover how to permanently improve your quality of life. During the seminar, your mind will expand and you will learn the meaning of happiness through the lens of our ancient heritage. Put simply, our mission is to help you rejuvenate from the stresses of daily life and explore the wonder of being a Jew. Our dynamic speakers will teach you to tap into the ancient wisdom of the Torah and learn how to have meaningful relationships, reignite your marriage, and tap into the full power of your soul. During this weekend getaway, you will be able to pamper yourself in the luxurious Crowne Plaza hotel. A 30,000+ sq. ft. modern business hotel built with a minimalist, classic wood motif, the Crowne Plaza is the perfect oasis to clear your mind. The Legacy Seminar will provide a full-service complimentary daycare program to entertain your

children, freeing you to fully immerse yourself in the seminar experience. Our famous caterers have also prepared an exquisite culinary experience featuring a full range of classic and modern dishes. Aside from a full range of gourmet multi-course meals, the weekend will have a 24-hour tea room fully stocked with a stunning variety of scrumptious cakes and delicate pastries. Additionally, a beautiful pool, sauna, and 24-hour gym will be available for the seminar guests.

### Do you know someone who can gain from the Legacy Seminar?

The Legacy Seminar is a Jewish outreach program that strives to connect unaffiliated Jews with their roots. Patterned after the Arachim seminar experience, a wildly successful model based out of Israel, our approach has empowered thousands of people to bring about positive, permanent change in their lives. If you know an unaffiliated Jew who would like to learn more about their heritage, the Legacy Seminar is the perfect opportunity to enrich their understanding and discover the power of Yiddishkeit.

For more information, feel free to visit our website at [legacyseminar.org](http://legacyseminar.org) or call us at **516-295-5700 x 107.**

EXPERIENCE JUDAISM  
WITH A WEEKEND OF

# Inspiration FOR THE Soul

## MEMORIAL DAY WEEKEND

MAY 25TH -28TH  
THE CROWNE PLAZA • STAMFORD, CT.

INSPIRATIONAL TALKS, AMAZING FOOD, CHILDRENS PROGRAM,  
POOL, GYM, SHABBAT PROGRAM

### talks include:

LIVING A LIFE OF  
HAPPINESS AND  
MEANING

THE MIRACLE  
OF JEWISH  
SURVIVAL

MAKING SOME  
SENSE OUT OF  
SUFFERING

BROUGHT TO YOU BY:



ONLY  
\$500  
PER  
COUPLE  
WOW

REGISTER AT:  
[legacyseminar.org](http://legacyseminar.org)

MORE INFORMATION:  
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(516) 295-5700 EXT 107